

THE SILVER BIRCH CENTRE
29 Chambers Lane, Willesden, London NW10 2RJ.
Tel: 020 8459 3028

Shamanic Courses with Kathy Fried 2006

All courses are for people who have basic shamanic journeying skills. Beginners and more experienced practitioners are equally welcome. It is suggested that for the course "GETTING TO KNOW YOU", six months regular journeying experience would be the minimum useful experience.

HARVESTING JOY Sept 23 - 24 2006

Joy can powerfully transform our lives. Learn shamanic ways to work with this special energy to bring balance, healing and more joy. £100 (deposit £50) (London NW10)

SWEET SORROW: TRANSFORMING LOSS Oct 28 - 29 2006

Shamanic work with grief to allow its cycle to flow and complete naturally, re-connecting us fully with life. This healing work embraces any kind of loss, old or new. £100 (deposit £50) (London NW10)

HEALING CREATIONS Nov 18 - 19 2006

Create empowering and transformational images and objects with intention and spirit. Shamanic ways of working with art and craft for personal and communal work. £100 (deposit £50) (London NW10)

SANE and SACRED XMAS MANAGEMENT Dec 2

Shape-shift Xmas! Transform seasonal stress into grace and healing. A day of shamanic work to bring back magic and heart to this special time. £50 (deposit £25) (50% of proceeds go to charity) (London NW10)

MAKE, SHAKE, RATTLE & ROLL Dec 9 – 10 2006

Healing art and tool making has always been part of the shamans craft. Throughout this course we will be connecting with our spirit helpers for inspiration and instruction on the various aspects of creating and working with rattles. Practical help with skills and techniques will lead you through a step by step process of making and decorating a sacred medicine rattle for use in your shamanic practice.(Includes most materials).£105 (deposit £50)

*All courses to be held in London.
Deposits are non-refundable unless the course does not run or we can fill your place.*



BOOKING FORM.

Please print clearly and return with deposit/payment (please make cheques payable to Kathy Fried)

NAME	
ADDRESS	
Tel No.	
E.Mail	

I ENCLOSE DEPOSIT/PAYMENT OF £

FOR COURSE(s)